

MEDICAL MEDIUM BRAIN SHOT THERAPY

CHEM TRAILS EXPOSURE

Makes 1 to 2 shots

Juice in this order:

- 1 tablespoon fresh or thawed frozen wild blueberries or 1 teaspoon pure wild blueberry juice or 1 teaspoon pure wild blueberry powder
- 1/4 cup tightly packed kale
- 1/4 lemon, peeled
- 1/2 cup tightly packed fresh cilantro
- 1/4 cup tightly packed fresh chives
- 2 raw brussels sprouts
- 2 raw medium asparagus spears
- 1/2 stalk celery

Drink 15 to 30 minutes away from other drinks or foods



Read more about Medical Medium Brain Shot Therapy in *Brain Saver* and *Brain Saver Protocols, Cleanses & Recipes*

www.medicalmedium.com | [@medicalmedium](https://twitter.com/medicalmedium) | [#medicalmedium](https://hashtage.com/medicalmedium)

Chem Trails Exposure

Turn to this shot if:

- You're an avid outdoor runner or walker on public streets, parks, or trails
- You spend time at the beach or sitting outside at gatherings and spot

several chem trails in the sky at one time

- You spend time outdoors during a holiday when the weather is nice (chem trails are purposely increased on holidays such as Easter and the Fourth of July)
- You spend time swimming in the ocean, lakes, rivers, or ponds
- You sleep with the windows open at night
- You get caught in the rain or otherwise get a substantial amount of rainwater on your head or skin

Chem Trails Exposure: Medical Medium Brain Shot Therapy

Ingredients:

- 1 tbsp fresh or thawed frozen wild blueberries or 1 tsp pure wild blueberry juice or 1 tsp pure wild blueberry powder
- ¼ cup tightly packed kale
- ¼ lemon, peeled
- ½ cup tightly packed fresh cilantro
- ¼ cup tightly packed fresh chives
- 2 raw brussels sprouts
- 2 raw medium asparagus spears (¼ cup chopped)
- ½ stalk celery

Directions:

Run each ingredient through a juicer in the order listed from top to bottom.

If you are using the wild blueberry juice or wild blueberry powder, mix it in after all the other ingredients have run through the juicer.

Pour into a glass and serve.

Makes 1-2 shots

Tips:

- Drink this shot 15 to 30 minutes apart from any other food or drink.
- If you're in a part of the world where you can't access fresh or frozen wild blueberries, wild blueberry juice, or wild blueberry powder, you can substitute blackberries. Although a high-antioxidant alternative, blackberries do not have the potency to match how wild blueberries defend cells from metals, chemicals, radiation, and other toxins.

Find out how to do Medical Medium Brain Shot Therapy in *Brain Saver* (<https://geni.us/brain-saver>) and *Brain Saver Protocols, Cleanses & Recipes* (<https://geni.us/brain-saver-protocols>).

Categories: Healing Tools

This item posted: 09-Dec-2022

The information provided on this Site is for general informational purposes only, to include blog postings and any linked material. The information is not intended to be a substitute for professional health or medical advice or treatment, nor should it be relied upon for the diagnosis, prevention, or treatment of any health consideration. Consult with a licensed health care practitioner before altering or discontinuing any medications, treatment or care, or starting any diet, exercise or supplementation program. Neither Anthony William nor Anthony William, Inc. (AWI) is a licensed medical doctor or other formally licensed health care practitioner or provider. The content of this blog and any linked material does not necessarily reflect the opinions of Anthony William, AWI or the principal author, and is not guaranteed to be correct, complete, or up to date.

Thanks for printing this post. For more, visit
www.medicalmedium.com